South Liverpool Foodbank
Together with Trussell

Reverse Advent Calendar

Donations need to be received by mid-December so they can reach people in need before Christmas.

Visit our website to find out how to donate and to check opening times.

1 Biscuits	**2** Long-life fruit juice	**3** Tinned meat	**4** Tinned vegetables	**5** Rice pudding	**6** Chocolate / Sweet treats
7 Tinned ham	**8** Tinned custard	**9** Tinned fish	**10** Instant coffee	**11** Jam	**12** Toothpaste
13 Tea bags	**14** Sugar	**15** Shampoo	**16** Laundry detergent	**17** Tinned tomatoes	**18** Cooking sauces
19 Instant noodles	**20** Tinned chicken	**21** Toilet rolls	**22** Rice	**23** UHT long-life milk	**24** Tinned fruit

southliverpool.foodbank.org.uk

Registered Charity in England & Wales (1156466)