East Lothian Foodbank
Together with Trussell

Hope Starts Here
Reverse Advent Calendar

Drop off your donations at
3 Civic Square, Tranent, EH33 1LH.
We're open 10am-2pm Mon-Fri. Or find
local drop-off points on our website.

1 Long-Life Apple Juice

2 Pasta Sauce

3 Instant Coffee

4 Cereal

5 Meat Paste

6 Long-life Milk



7 Tea Bags

8 Tinned Fruit

9 Long-Life Orange Juice

10 Tinned Haggis

11 Tinned Soup

12 Toiletries

13 Tinned Ham, Spam, Chicken

14 Rice

15 Baked Beans

Hope Starts Here This Christmas

16 Biscuits

17 Instant Noodles

18 Jam/ Spreads

19 Rice Pudding/ Custard

20 Hot Chocolate

21 Tinned Stew

22 Tinned Fish

23 Pasta

24 Christmas Chocolate



You can use the little circles in each box to tick off the items you've donated!

Registered Charity in Scotland: SC043523

Keep up to date with our campaigns via our socials or website
eastlothian.foodbank.org.uk