St Albans & District Foodbank
Together with Trussell

Drop donations to our warehouse
Unit 3 Redbourn Industrial Estate, AL3 7LG
Open
Tue and Fri: 10am - 3pm
Wed and Thu: 10am - 12pm

Reverse ADVENT CALENDAR

Christmas can be a difficult time for many, especially for those living on a tight budget. With increased winter fuel bills, alongside the seasonal pressures, many will find themselves having to **choose between buying food and heating their homes.**

Can you help someone this year?

For 25 days, **from Monday 16th November**, please could you donate an item daily from the list.
Pop it in a box or bag and drop it at our warehouse by **Friday 11th December**.
Or order online at **https://givetoday.co.uk/stalbansfoodbank/** for FREE delivery to our warehouse.
Your donation will help local people and will make a really big difference this Christmas.

Please follow your School or Organisation's 'Nut-free' Policies!

No mince pies or alcohol please!!

Donate Money Today

Thank you!

https://stalbansdistrict.foodbank.org.uk
01727 613019
info@stalbansdistrict.foodbank.org.uk @StAlbansDistrictFB st-albans-foodbank @st_a_and_dist_foodbank

16th November	Long Life Fruit Juice
17th November	Tea Bags (80)
18th November	Biscuits
19th November	Jam or Spread
20th November	Tinned Meat
21st November	Savoury Snacks
22nd November	Tinned Soup
23rd November	Long Life Milk
24th November	Tinned Vegetables
25th November	Tinned Pulses
26th November	Squash/Cordial
27th November	Tinned Vegetables
28th November	Biscuits
29th November	Tinned Peas/Sweetcorn
30th November	Instant Coffee
1st December	Rice Pudding
2nd December	Cooking Sauce
3rd December	Condiments (Mayo, Ketchup)
4th December	Long Life Custard
5th December	Long Life Fruit Juice
6th December	Tinned Fruit
7th December	Noodles
8th December	Tinned Soup
9th December	Long Life Milk
10th December	Savoury Snacks