

Please donate an item or two from the list to help local people left without enough money to live on.

Harvest Shopping list 2026

FOOD & DRINK:

- Long-life milk
- Pasta sauce
- Coffee
- Tea bags
- Instant mash
- Tinned rice pudding
- Tinned custard
- Tinned ham
- Tinned meat
- Tinned fish
- Tinned fruit
- Tinned potatoes
- Tinned tomatoes
- Tinned spaghetti
- Cup-a-Soup
- Pot Noodles/Packet noodles
- Jelly
- Angel Delight
- Savoury snacks

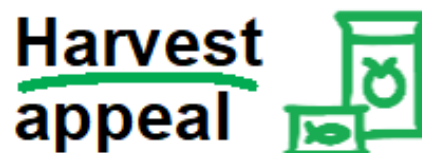
TOILETRIES & HOUSEHOLD:

- Shampoo
- Washing-up liquid
- Deodorant – male and female
- Toothpaste/Toothbrushes

THANK YOU! for joining us to help stop UK hunger!

medway.foodbank.org.uk; 01634 757057

Registered Charity No: 1166505



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