

Be a Harvest Helper

East Lothian Foodbank is asking for your help to gather a Harvest hamper. Food items from your hampers will be added to food parcels to support people in our community.

Names of these food items?



P _ _ _ _



C _ _ _ _



J _ _ _



S _ _ _

Draw what your full Harvest hamper might look like



Filling your Harvest Hamper

Can you and your class collect these food items to help the Foodbank?



Tinned Vegetables



Long-life Juice



Cereal



Pasta/Pasta Sauce



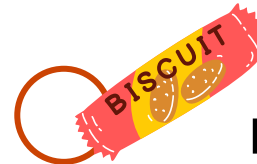
Long-life Milk



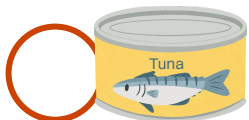
Rice



Tea/Coffee



Biscuits



Tinned Fish



Tick off the food items once you've collected them!