

Other free help organisations



Together with Trussell

Emergency food voucher, please call
0151 606 2005

Monday - Friday 9am - 5pm
(select option 4 - emergency financial
assistance)

Outside of these hours and Saturday
Sunday and Bank Holidays, please call
0151 677 6557



For victims of domestic abuse

32 Argyle St,
Wirral CH41 6AE

Tues 8am - 4pm
Wed 8am - 6pm
Thurs 8am - 6pm
07415 094194



0151 608 8288
admin@koalanw.co.uk



Tomorrow's
Women

For victims of domestic abuse
Monday-Friday 9am-4pm
0151 647 7907



Spider Project

Additction and poor
mental health recovery
9am - 5pm [Mon - Fri] and 10am - 2pm [Sat]
Tel: 0151 647 7723
Email: enquiries@spiderproject.org.uk
abstinence is required



Mental health support
Tel: 0151 512 2200
Email: learning@wirralmind.org.uk
Monday to Friday 9am - 5pm

Wirral InfoBank

a website containing information about all community
services, organisations and adult social care providers
in the Wirral area

wirralinfobank.com

Leaflet produced by Wirral Community Foodbank Campaigners

Don't know where to turn financially?



Benefits/Council Tax
Debts, Utilities/Bills,
Money Management, Pensions,
Other financial support/Grants



WHO CAN HELP

Benefits/Council Tax

AGEUK Wirral

For all 18+

0151 482 3456

enquiris@ageukwirral.org.uk

Wirral Change

Ethnic Minorities

0151 649 8177

info@wirralchange.org.uk

Ask us Wirral

(Citizens Advice Wirral)

0808 278 7848

Mencap

Learning disabilities

0151 666 1829

info@mencap.org.uk

Debts

Christians Against Poverty

Debt advice

0800 328 0006

Utilities/Bills

Energy Project Plus

Energy advice only

0800 043 0151

advice@epplus.org

United Utilities (Water)

Difficulty paying your bills

0800 072 6765

Ask us Wirral

(Citizens Advice Wirral)

0808 278 7848

Money Management

Mind and Money (Citizen Advice)

Budgeting, housing and debt

0808 278 7848

Pensions

AGEUK Wirral

0151 482 3456

enquiries@ageukwirral.org.uk

Other financial support/Grants

Wirral Council Emergency financial support

0151 606 2005

Connectors (Involve NW)

0151 644 4500