

Harvest appeal



Please donate an item or two from the list to help local people left without enough money to live on.

Shopping list

Tinned meat

Tinned fruit

Instant coffee

Milk (UHT or powdered)

Tinned carrots

Fruit juice (long-life)

Tinned custard

Toothpaste

Sanitary towels

Laundry detergent

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Our food bank:

1. Provides emergency food and practical support to local people in their hardest moments.
2. Works with local partners to get people the right help, so they're less likely to need the food bank again.
3. Is part of a UK-wide community of food banks, working together with Trussell to ensure no one needs a food bank to survive.



southliverpool.foodbank.org.uk

Our food bank:

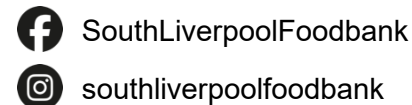
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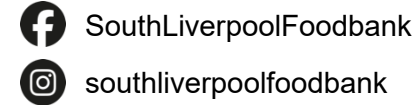
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