







# **Christmas** appeal

## South Liverpool Foodbank Together with Trussell

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Please donate an item or two from the list to help local people left without enough money to live on.

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# **Shopping list**

Tinned meat

Tinned veg/fruit

Tinned tomatoes

Instant coffee

Milk (UHT or powdered)

**Biscuits** 

Fruit juice (long-life)

Tinned custard

Jam

Instant mashed potato

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## Our food bank:

- Provides emergency food and practical support to local people in their hardest moments.
- Works with local partners to get people the right help, so they're less likely to need the food bank again.
- Is part of a UK-wide community of food banks, working together with Trussell to ensure no one needs a food bank to survive.
- SouthLiverpoolFoodbank
- southliverpoolfoodbank
- S\_Liv\_Foodbank

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