

## This winter, can you help ensure every neighbour has the essentials?

More people than ever are being forced to turn to Cambridge City Foodbank to survive. By donating this winter, you can help provide vital food, and hope, to people who are struggling.

In 2024 we gave out more than

17,000

emergency food parcels at our Foodbank Welcome Centres double what we gave out 5 years ago.



Before visiting the Foodbank I was feeling dismal. I didn't think I could survive the winter. The emergency food parcel got me through the week. The Foodbank helped me a lot.



Clive, who needed the Foodbank



Find drop off locations at ccfb.org.uk.



## Ready to do more?

This winter, your financial donation will be matched by local businesses, doubling your impact, up to £3100. This will help provide fresh food and a warm welcome to our visitors.

## **Shopping list**

Instant coffee

**Noodles** 

Porridge oats

Rice

Christmas snacks

Tinned fish

**Tinned meat** 

Tinned rice pudding

Tinned soup

Pasta sauce

The Foodbank relies on the support of people like you.

Find out more and get involved ccfb.org.uk

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Cambridge City Foodbank is an independent local charity and member of the Trussell network. Charity No: 1149883. UK Limited Company: 8175815.