

# **Supporting Us**

at your School or College



# **How Your Donations Help**

The staff and volunteers at Southend Foodbank - and foodbanks all over the UK - are working really hard to help people in their communities. More and more people are struggling to afford the basics, like food and toiletries, and are having to make really difficult choices.

By helping us spread the word about what we do, hold your own food collections and raise money through fundraising activities, you're helping us move closer to a future where no one needs to use a food bank. Thank you.



By supporting Southend Foodbank, you become a vital part of our incredible team, dedicated to helping our local community when they need it the most.

Your support is truly appreciated!



Samantha
Community Fundraiser





# Dear Supporter,

We're so glad you're getting involved!

By supporting Southend Foodbank, you're joining a fantastic group of kind and caring people helping others in our local community. Without amazing supporters like you, we wouldn't be able to support people in Southend and Rochford during really tough times.

There are lots of ways to help – from organising food collections and inviting us to speak at your school, to running your own fun fundraising events.

However, you choose to get involved, we'll be here to support you every step of the way.

This pack is full of instructions, helpful tips, and resources, plus links to our team and others taking part too. We're here to help make your plans a success – let's do this together!

Thank you from everyone at Southend Foodbank for being part of our journey towards a better future!

Thank Youx





# Host your own Food Collection



## **How to Run a Collection**

#### 1. Decide on a date for your collection

You can run a food collection anytime of the year but there are some key dates in the next slide that are worth thinking about, these dates are where we might need donations more than other times of the year.

#### 2. Tell your school office

They can then get in touch with us and let us know what you are doing and when. We might even be able to come in and do an assembly for you (if you'd like). The school office can then tell all your adults at home and at school when the collection is.

#### 3. Decide where you will put the collected food

Are you going to put all the food collections in reception, in boxes on a table in your classroom or is each class going to bring the donations to the main hall?

Have a chat to your teachers about this and find the best place for your collection.





## **How to Run a Collection**

#### 4. Time to shout about It!

Design posters telling people what food they can donate (we can help here). Then stick these posters up on the noticeboards, on Class Dojo or in your sports or dinner halls so everyone can see them.

Then, don't forget to tell your friends, your family, anyone who will listen, that you have organised a foodbank collection! Well Done!

The more people you tell, the more donations you are likely to get and the more meals we can provide for those in need in our local community.





# When to Run a Collection

We collect food all year round to make sure we always have enough for people who need it.

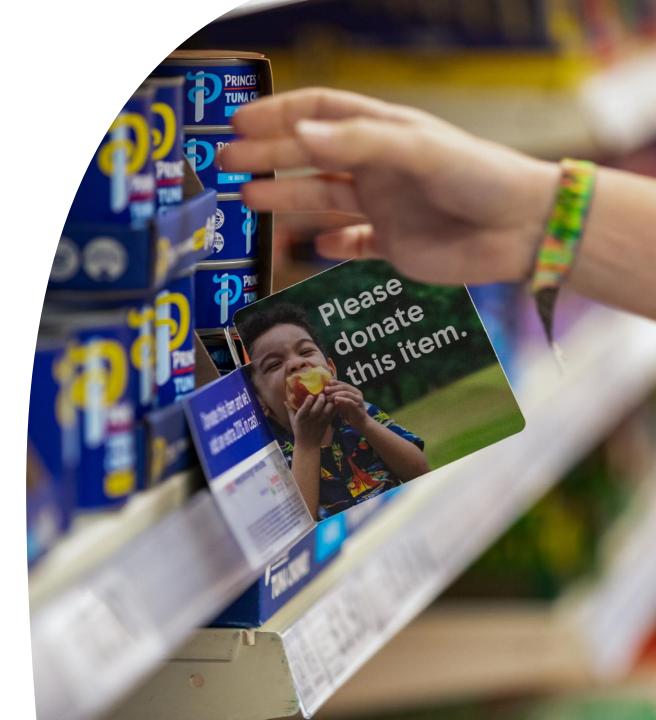
Sometimes, like in the winter or during school holidays, more people need our help, so we often need more food donations during or leading up to these times.

Running a collection can be done at any time of the year and is nice and easy for you to do at school with the help of your teachers and/or student council and maybe your PTA.

#### NOTE:

When you have finished your collection and the donations are all in, simply get your adults to get in touch with us and we can arrange a collection for you. We will then weigh everything in and let you know how many meals you have donated to people in your local community.





# When to Run a Collection

#### **HARVEST COLLECTIONS (Sept/Oct)**

There is no fixed dates for Harvest collections but they tend to take place from late September through to mid October.

#### CHRISTMAS COLLECTIONS (Nov/Dec)

Many places close during the Christmas holidays and as it's the coldest time of year, this can be a particularly difficult time for many families. We often provide support for more families over this time period than any other time of the year.

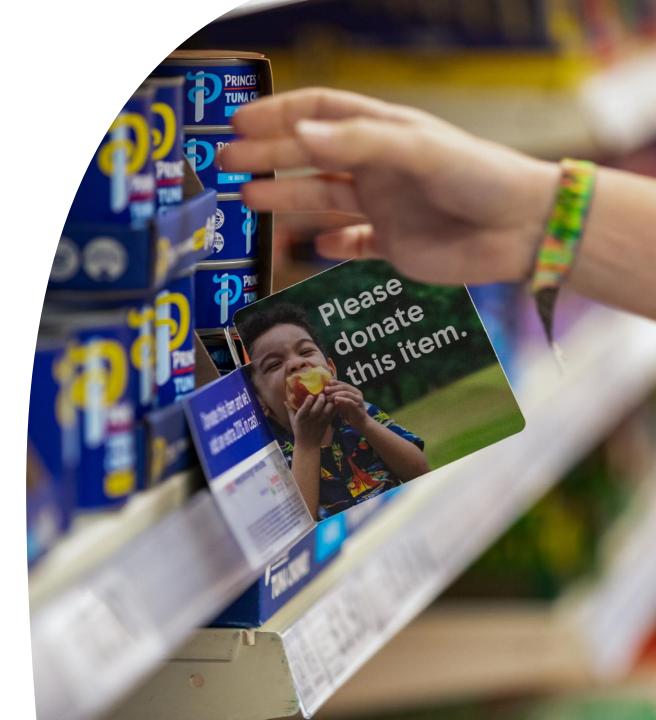
#### **EASTER COLLECTIONS (Mar/Apr)**

During this time, we like to try and collect some additional things for our foodbank parcels - we often run Easter Egg collections during to help local families give their children a little Easter treat.

#### **SUMMER COLLECTIONS (Jul/Aug)**

During this time of year, you are all hopefully all enjoying your school holidays and having a rest. However, we have families during this time who need a bit of extra help, so don't forget that you can still donate at your local supermarket. Many of them have collection points just after the tills, so please grab a tin of fruit or vegetables and pop it into the collection points if you are able to.





# **Example Calendar**

#### **Autumn Term**

#### **September**

Select Your Charity of the Year (Plan ahead & make an event plan)

# October HARVEST COLLECTION

#### November

Design a Decoration (Plan to sell it at the Xmas Fayre)

December
CHRISTMAS COLLECTION
Christmas Jumper Day

#### **Spring Term**

#### **January**

Design Competition (Entry details will be out this month)

#### <u>February</u>

Fabulous Fundraisers (Try a sponsored silence or walk)

#### <u>March</u> <u>EASTER COLLEC</u>TION

#### **April**

Spring into Action Organise a Cake Sale

Run a Sponsored Dog Walk

#### **Summer Term**

#### <u>May</u>

Make a Mess / Madness May (Do something crazy for charity)

#### June

End of Term Events

Book Sales

Dances

Summer Fairs

#### July/August

Set Yourself a Summer Challenge

Swimathon or Walk 5k Afternoon Tea or BBQ Charity Quiz Nights Marathons or Nuclear Races



# **Running an Event**

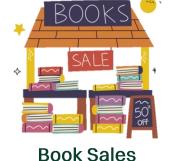
#### This is the really fun bit!

Have a think about whether you plan to do your activity with your friends or whole class or maybe you plan to do it as a whole school.

Whatever you decide there is always a huge number of fundraising events/activities you can choose from. Here's just a few ideas:









**Sponsored** Challenges

Team/Sports **Events** 



**Bake Sales** 















# **Example Event - Foodbank Friday**

Here's a super fun and easy event your school will love! Get ready for Festive Foodbank Friday!

#### Here's how it works:

- 1. Pick your day make it a special *Festive Foodbank Friday!*
- 2. Ditch the school uniform and come dressed in something Christmassy think sparkly jumpers, tinsel in your hair, or even a Santa hat!
- 3. Bring £1 to join in the fun.
- 4. Watch the total grow!

Before you know it, you'll have raised hundreds of pounds for your local Foodbank.

It's quick to organise, full of festive cheer, and all for a great cause. 🗐









**Themed Days** 



# **Example Event - Tin Challenge**

Here's a fun and super easy challenge for your school to try! Get ready for The Tin Challenge!

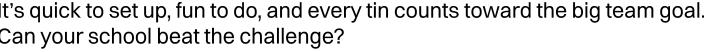
#### Your mission:

See how many tins your school can collect before the big deadline!

#### Here's how it works:

- 1. Your school sets a *tin target* (how many you want to collect).
- 2. Spread the word with cool posters and let everyone know what's happening.
- 3. Each student brings in one tin to help reach the goal.
- 4. When you hit your target ta-da! We'll come and collect all the tins!

It's quick to set up, fun to do, and every tin counts toward the big team goal. Can your school beat the challenge?





**Team/Sports Events** 





# Sign Up to Our Newsletters

Our newsletters are a great way of us sharing important information about the foodbank on a regular basis. We have our *Monthly Newsletter* and a new quarterly *Fundraising Newsletter* - sign up for them <u>HERE</u>. Sign up to one, or both, or neither of the newsletters - this is just to let you know they exist.









# Get in Touch We're Here to Help

Samantha
Community Fundraiser
07599264908

samantha@southend.foodbank.org.uk

