

1

Tinned soup

2

Jam/
Spreads

3

Long-
Life Juice

4

Custard

5

Hot
Chocolate

6

Tinned
Veg



7

Cereal



8

Pasta
Sauce

9

Christmas
Chocolate

10

Cold
Tinned
Meat e.g.
Ham,
Corned
Beef

11

Rice
Pudding

12

Toiletries

13

Hot Tinned
Meat e.g.
Curry, Chilli

14

Rice

15

Baked
Beans

21

Cup a
Soup

22

Tea and
Coffee

23

Pasta

16

Biscuits

Instant
Noodles

18

Long-
life Milk

19

Instant
Mash Potatoes

20

Tinned Fish

24

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Virtual
Bauble on
our website



You can use the little circles in each box
to tick off the items you've donated!

Registered Charity in Scotland: SC043523

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