



**Together, we will
end hunger in the UK**



Glasses

Glasses

STREET VIBE

Foodbank
Together with Trust

Foodbank
Volunteer

Foodbank
Together with Trust



We exist so that everyone in the UK can be free from hunger

We need urgent action on hunger in the UK.

People are being pushed to the brink because they don't have enough money to live on. This can not go on.

We're an anti-poverty charity and community of food banks, working together to ensure no one in the UK needs a food bank to survive - while providing food and practical support for people left without enough money to live on.

Together with everyone involved in running and supporting food banks, we are millions of people across the UK.

1,400

food bank locations

36,000

volunteers

+1,000,000

people supporting food banks

Hunger is not a food problem. It's an income problem

We know food banks are not a long-term solution, because hunger in the UK is not a food problem. It's an income problem.

People need to use food banks when they don't have enough money for the essentials:

- Some people are in between jobs, have health conditions or are looking after relatives
- Some people are in work that's insecure, or doesn't pay enough
- Barriers - like a lack of affordable childcare, transport, or homes - hold people back
- The high costs of having somewhere to call home, especially for renters, leaves people without enough money for other things.

All of this can, and must, change.





Not so long ago, food banks were not needed to the extent that they are today

Food banks provide a lifeline for so many people facing hardship, but they shouldn't have to exist in a just and compassionate society.

We refuse to stand by while so many of us can't afford to eat, keep warm and pay the bills.

Our social security system was created 80 years ago to protect people from hunger and hardship, and - for decades after - people were a lot less likely to need a charity's help for the essentials. So we know things can be better.

“

I didn't have any options. I didn't want to have to go to the food bank. I've actually donated to food banks before. I didn't think I'd end up going myself.

”

Layla

who needed a food bank

Layla's experience

Layla had to stop working due to her long-term health conditions. She needed the food bank when her disability payments were stopped after a reassessment, despite there being no change in the health issues she faced.

We know what needs to change and how to make it happen

Together, we can build a future where none of us needs a food bank.
We can make sure that:

- 1.** We have a supportive social security system, that can ensure people's incomes cover the cost of living - this is the bedrock on which we end hunger for good.
- 2.** Everyone gets the right support at the right time. For example, with easy access to advice and support on money - unlocking the services and funds people are eligible for.
- 3.** People are supported in a way that reflects the reality of their lives. For example, disabled people, people with health conditions or people with caring responsibilities get the support they need.
- 4.** Everyone has the security we all need to unlock opportunities, and to have hope - for a future where there's decent, secure and rewarding work and everyone can live in an affordable, secure home.

We're determined to make this a reality.



A future without the need for food banks is possible

We make that future a reality by working locally and across the UK for a more just and compassionate society, where no one needs a food bank to survive.

Understanding and exposing the truth about hunger in the UK shows us exactly how we can help end it. We know what's pushing people to food banks, so we know what needs to change and how to make it happen.

- **We bring together experiences, evidences and solutions from food banks and people who've needed them**
- **We build consensus for the changes that will end hunger for good: an updated social security system, secure and rewarding jobs, affordable homes, and supportive services.**

Until this happens, we'll make sure food banks can be there for people

We stand together with thousands of churches, local volunteers and community charities. We will always need strong local communities looking out for each other, and we support them to create lasting change.

- We provide food banks with training, resources and grants so they can support people facing hardship, while working to end hunger locally
- We bring local, national and UK-wide partners together, to find solutions and connect people to the right support, long before they need to use a food bank.





We're ending hunger together. Will you stand with us?

There's a clear way forward, and we can all help.

Civil society, employers, businesses and all levels of government - acting together with communities, individuals, and people who've needed a food bank - will drive this change.

We will not stop until everybody has enough money for the essentials, and the distribution of emergency food can end for good. Together, we are thousands and counting. Together, we cannot be ignored.



trussell.org.uk



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