

9.3 million people currently face hunger and hardship. That's **14% of the population** and the equivalent to **one in seven people**.

Its even higher for children with **one in five (21%)** growing up facing hunger and hardship.

Thats the equivalent of **6 children** in every class.

Not having enough money for the essentials is strongly associated with **rented housing and homelessness**.

34% of people living in socially rented homes face hunger and hardship.

That's **3.6 million people**.

Structural inequalities increase the likelihood of hunger and poverty.

One in four people (28%) living in a Black family face hunger and hardship, thats more than **twice the rate** for people in White families. That represents **660,000 people** in Black families facing hunger and hardship.

That's enough people to fill the whole of wembley stadium **more than 7 times over**.

Structural inequalities increase the likelihood of facing hunger and poverty.

More than a quarter (27%) of people who are LGBTQ+ experience hunger and poverty, compared to **13% people** who are heterosexual.

That's **4 times as many people** as live in Margate, Kettering or Sale.

Disabled people and people with poor health are **far more likely** to need to turn to a food bank for support.

More than a quarter of disabled people (**26%**) experience hunger and poverty, nearly three times higher than the rate amongst non-disabled people (**10%**).

That's **4.16 million people**, over a million more people than live in Wales.

Nearly a quarter (23%) of unpaid carers experience hunger and poverty, compared to **12%** of non-carers.

That's the equivalent of **1.3 million people** or every single person who is employed full time by NHS England.

Working-age adults, particularly people out-of-work or living alone are **over-represented** at food banks.

Almost half (45%) of people referred to food banks are working age adults living alone.

Families with children are **more likely** to face hunger and hardship.

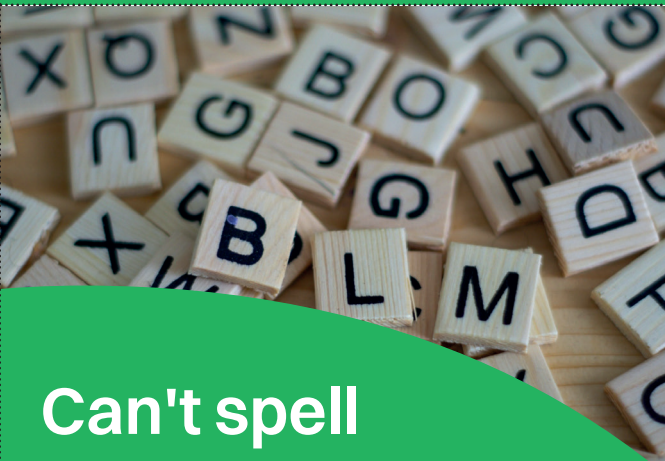
People in families with children make up **60%** of people facing hunger and hardship. Across the UK they make up **45%** of people.



Adore Owls



Dislike strawberries



Can't spell



Choose coffee over tea



Dance like it's hammer time



Dislike chocolate



Dream of eating fresh fruit



Drive tractors

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**Favourite thing
to do is feed ducks**



Feed the birds



**Find
drummers
attractive**



**Go for walks
with friends**



**Go out
for dinner for
birthdays**



**Haven't
got access
to a computer**



**Like to
watch cartoons**



**Love
crosswords**

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Love pigeons



Love the beach



Need to wear glasses



Pray for sunshine



Scared of ladybirds



Sew their own clothes



Welcome refugees



Would love tea with the king

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Don't eat duck



Eat eggs for breakfast



Love flowers



Love cows



Scared of spiders



Spend too much time on their phone



Don't have a roof above their heads



Love being near water