

Support your local food bank this year

Act for hunger and justice in your local community

Stuck for inspiration? Here are some ideas for your church to get involved in throughout the year. Choose some activities, and let your food bank know your plans.

Ideas are inspired by the call in Micah 6:8 to:

Act justly

Love mercy

Walk humbly

We've also highlighted in bold colours the months where your support is particularly needed, and the times when food banks tend to receive fewer donations.

To access resources, please visit trussell.org.uk/churches/resources or email us at churches@trussell.org.uk

We're here to help you every step of the way.

January **Act justly**

Raise awareness of the *Guarantee our Essentials* campaign in your church, encouraging people to take the latest campaign action.

February

Encourage home groups in your church to use the *A Shared Journey* Bible study series this Lent to explore themes of justice and compassion from the perspective of people with lived experience of hardship.

March

Organise a prayer event at your church to pray for an end for the need for food banks in your local community. Get in touch for ideas and access to various prayer guides.

April **Love mercy**

Organise an Easter Collection for your food bank. Ask them about the items they most need at the moment and encourage your church community to donate these.

May **Act justly**

Are there elections in your area this summer? Why not host a meal or prayer meeting with candidates to give people chance to get to know them? Have a look at our *Conversations Starters* online for ideas.

June **Love mercy**

Use Pentecost, and the account of the Early Church sharing everything in common in Acts 2, to encourage a summer donation to the food bank. If you don't already have a regular food collection point, why not set one up?

July **Walk humbly**

Host a summer BBQ or one of your regular coffee mornings themed around dignity. Have a look at our *Walk Humbly* resource for ideas of how to ask questions together about who is at your table.

August **Act justly**

Use our *Guarantee our Essentials* campaign resources to encourage your church to write to their local political representatives to ask them to ensure everyone in your local community can afford the essentials we all need.

September **Love mercy**

Host a Harvest event using our *Trussell Tables* resource, which is packed full of ideas of how you can help people engage with issues of hunger and poverty afresh at Harvest.

October

Encourage home groups in your church to use our '*Values*' Bible study series over the autumn to explore the biblical values of compassion, justice, dignity and community.

November **Love mercy**

Use our *Reverse Advent Calendar* to encourage individuals and groups in your church to collect the items that food banks will most need this Christmas. Deliver these to the food bank during the first week of December.

December **Walk humbly**

Use our *Carol Service Kit* to plan an event to highlight local need and what you can do about it. These packs can shine a light on building community in your area.