

How We Move Forward

Suggestions...

We believe that together we can end the need for **food banks**. Will you continue to **play your part** by...

→ Donating?

- Time, food or money. For more visit: trusselltrust.org/donate-food
- Download and use the 'Bank the Food' app. Quickly see the items your foodbank needs most: bankthefood.org

→ Reading Stories?

- Hear and read out stories in the reflections and prayer of *A Shared Journey*: trusselltrust.org/shared-journey
- Read our latest report, *Hunger in the UK*: trusselltrust.org/hunger-in-the-uk

→ Building Community?

- Hear the difference a cup of tea can make in our new film trusselltrust.org/church-cup-of-tea
- Read *Invisible Divides* on class and belonging in the church, receive a copy on signing up as Church Ambassador. Join other Ambassadors in an online book group this winter! trusselltrust.org/church-ambassador

→ Supporting the guarantee our essentials campaign?

- Hear why we need an Essentials Guarantee in our film trusselltrust.org/Church-GOE-Film
- Explore how you can take action: trusselltrust.org/church-GOE
- Lay it all out on the Table. Order a (free!) tablecloth activity pack for your church or community trusselltrust.org/church-tablecloths

Thank you for being part of a movement of change,
With thanks

The Trussell Team